

# Mahi Tahī:

## Enhancing community health and well-being through movement

**NEW DATE**

Where: Mornington Golf Club, Berhampore, Wellington

When: 9:00am - 3:00pm, Thursday 28th October 2021



Join local communities, organisations, and researchers for a wānanga-style event with kōrerorero around the connection between movement and the health & well-being of our whānau and communities.

You'll get the chance to:

- Meet like-minded people who share a passion for promoting movement.
- Share your awesome projects and experiences.
- Share your ideas and have a say in future projects and research.

**Please RSVP by Friday 1st October**

via email: [matthew.jenkins@otago.ac.nz](mailto:matthew.jenkins@otago.ac.nz)

